

Body Measurement Table

See Armstrong pp. 35 – 39, 42, 663 – 664

Date:			
Circumference		Arm	
Upper Bust		33 Overarm Length	
1 Bust		34 Elbow Length	
2 Waist		35 Biceps	
3 Abdomen		36 Elbow Bent	
4 Hip		37 Wrist	
Head (for neckline)		38 Around Hand	
		39 Cap Height	
Upper Torso			
5 Center Front Length		5 Center Back Length	
6 Full Front Length		6 Full Back Length	
7 Shoulder Slope Front/Left		7 Shoulder Slope Back/Left	
7 Shoulder Slope Front/Right		7 Shoulder Slope Back/Right	
8 Strap Front/Left		8 Strap Front/Right	
9 Bust Depth		9 Bust Depth Radius	
10 Bust Span			
11 Side Length Left		11 Side Length Right	
12 Back Neck			
13 Shoulder Length			
14 Across Shoulder Front		14 Across Shoulder Back	
15 Across Chest			
16 Across Back			
17 Bust Arc			
18 Back Arc			
19 Waist Arc Front		19 Waist Arc Back	
20 Dart Placement Front		20 Dart Placement Back	
21 Standard Dart Intake Front	1" (1/2")	21 Standard Dart Intake Back	2" (1")
Lower Torso			
22 Abdomen Arc Front		22 Abdomen Arc Back	
23 Hip Arc Front		23 Hip Arc Back	
24 Crotch Depth			
25 Hip Depth Center Front		25 Hip Depth Center Back	
26 Side Hip Left		26 Side Hip Right	
27 Waist to Knee		27 Waist to Ankle	
27 Waist to Floor			
28 Crotch Length		28 Vertical Front	
29 Upper Thigh		29 Mid-Thigh	
30 Knee			
31 Calf			
32 Ankle			